

22nd April 2025

Dear Parent/Carer,

Year 9 Aspirations RAK Day- 29th April

I am writing to give you a brief update of our upcoming RAK Day. Fareham Academy's Personal Development Learning education embraces the challenges of supporting young people to lead a happy and successful adult life through enabling them to make informed decisions about their wellbeing, health and relationships and future pathways. We aim to equip students to make confident decisions when facing risks, challenges, and complex situations. Our curriculum supports and prepares students for their responsibilities and experiences for adult life.

The themes the students will be exploring on the Aspiration RAK Day are:

Study Skills – This session aims to introduce students to a variety of techniques, habits and attitudes required for exam success.

Discover your options – This session is designed to get students thinking about their future careers having made their GCSE options. This workshop gets students to consider their current and future skills, qualifications, and career options to help guide their future decisions and post 16 pathways.

Apprenticeships – Aiming to inform students of the different levels and sectors of apprenticeships available. The session aims to inspire students to research the skills and qualifications required for an apprenticeship at post 16 and post 18 level.

Army Skills Lab – This session will introduce students to the military pathways available to them and work on employability skills focussing on teamwork. This outdoor session gives students a taste of Army teamwork and problem-solving skills. The Elite Skills Academy is full of challenging tasks that develop mental and physical attributes.

SUN: Resilience and Wellbeing- This workshop introduces students to what wellbeing and resilience are and offers practical suggestions on how to build and maintain both. It's an interactive workshop that aims to engage students through participation, whilst helping them to understand the role wellbeing and resilience play in the real world.

Please ensure students attend school in Fareham Academy PE kit to participate in the Army Skills Lab session.

Yours faithfully,

Miss Pearson
Head of Personal Development Learning

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