

30th January 2025

Dear Parent/Carer

Year 9 Resilience Day- 3rd February

I am writing to give you a brief update of our upcoming RAK Day. Fareham Academy's Personal Development Learning Curriculum embraces the challenges of supporting young people to lead happy and successful adult lives through enabling them to make informed choices and decisions. We aim to equip students to make confident decisions when facing risks, challenges and complex situations. Our curriculum supports and prepares students for their responsibilities and experiences of adult life.

The themes the students will be exploring on the Resilience RAK Day are:

**Prison Me No Way** – Variety of workshops hosted by Prison Me No Way with sessions covering why we have rules, laws and justice, the role of the courts, police and prisons, county lines, road safety, drugs, and staying safe on and offline and in the home and street life.

The aim is to prepare students for challenges of the modern-day in an interactive way. These days also help students prepare for adult life with increased confidence and accurate knowledge to better be able to understand, react appropriately and protect themselves during the transition period.

Yours faithfully

Mrs Sargeant Head of Personal Development Learning

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