

22nd April 2025

Dear Parent/Carer,

Year 10 Aspirations RAK Day- 29th April

I am writing to give you a brief update of our upcoming RAK Day. Fareham Academy's Personal Development Learning education embraces the challenges of supporting young people to lead a happy and successful adult life through enabling them to make informed decisions about their wellbeing, health and relationships and future pathways. We aim to equip students to make confident decisions when facing risks, challenges, and complex situations. Our curriculum supports and prepares students for their responsibilities and experiences for adult life.

The themes the students will be exploring on the Aspiration RAK Day are:

**Study Skills** – This session aims to introduce students to a variety of techniques, habits and attitudes required for exam success.

**CV writing** – Workshop which aims to educate and inform students about the purpose of a CV, how to write their own CV and offer advice and information on the job application processes.

**Agility Course** – Agility course workshop which will involve students completing an agility course with the help of their peers.

**Debating-** This session will focus on public speaking and confidence building. Students will look at the art of debating and the rules and manners needed to have a good debate!

**Discovering Careers** - This session is based around post-16 pathways, including making informed decisions when applying for college and apprenticeships.

Please ensure students attend school in Fareham Academy PE kit to participate in the Agility session.

Yours faithfully,

Miss Pearson Head of Personal Development Learning

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