

February 2024

Dear Parents and Carers,

**Re: Nut- free canteen**

We have an increasing number of pupils in our school who have nut allergies. Anaphylaxis (allergic reaction) can occur as a result of digestion, inhalation or any other contact with nut-based products. For their safety, the canteen and main hall are a nut-free area.

Please can we remind parents moving forward, that your child does not bring into this area any nut-based product for packed lunch or consume sweets that includes products that may contain traces of nuts. Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Celebrations
- Some snack pots containing nuts

It is important that you and your child check the labelling of food products before bringing these into school with them – it is not always apparent that products contain nuts or traces of nuts.

We also ask that, if your child consumes any nut-based product before school, they wash their hands thoroughly. We understand that this measure may seem extreme; however, we want to ensure the health and safety of all our pupils, and some of the pupils with the allergy are severe enough that even the slightest of contact with nuts could cause a severe and potentially life-threatening reaction.

We would like to thank you in advance for your cooperation with this matter.

Yours faithfully,



Mr Prankerd  
**Headteacher**

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