

## How you can support your child with revision and getting the outcomes they deserve

- ✓ Encourage different revision techniques to find out which works best
- ✓ Strongly encourage your child to attend the revision classes that are being set-up by the school.
- ✓ Suggest they approach teachers regarding topic they find difficult
- ✓ Volunteer your services for testing on a regular basis, this can be a massive help to your child
- ✓ Get your child to teach you a subject, it is great to support and embed their learning.
- ✓ Buy them materials and flash cards to support revision at home.
- ✓ Encourage them to look at exam board past papers
- ✓ Find out what exam board they are studying and what papers they are taking
- ✓ Create a working zone at home for them to work in has the materials they need.
- ✓ Insist they don't revise in front of the TV
- ✓ If they keep checking their phone, discuss how this needs to change
- ✓ Encourage them to work quietly, this will support memorising
- ✓ Get them to complete practice papers in the time frames they would have in an exam
- ✓ Encourage not to have social media open when revising, this will prevent them memorising key material
- ✓ Make sure they get a good night sleep, this is crucial to support memory
- ✓ Give them time to wind down after revision, not straight to bed