

9th February 2022

Dear Parent/Carer

Year 10 RAK Day- 16th February

I am writing to give you a brief update of our upcoming RAK Day. Fareham Academy's Relationships, Sex and Health Education (RSHE) embraces the challenges of supporting young people to lead a happy and successful adult life through enabling them to make informed decisions about their wellbeing, health and relationships. We aim to equip students to make confident decisions when facing risks, challenges and complex situations. Our curriculum supports and prepares students for their responsibilities and experiences for adult life.

The themes the students will be exploring on the Kindness RAK Day are:

Holocaust Testimony – Students will listen to a live testimony by Steven Frank BEM broadcast exclusively to Fareham Academy. Students will learn about the impact of hate and anti-Semitism and will be able to ask Mr Frank questions first hand.

Domestic Abuse – Aiming to inform students of what constitutes domestic abuse, including an understanding of what offences are linked to Domestic Abuse and who can be affected by it.

Fareham & Gosport Basics Food Bank – Aiming to educate students on the importance of charity and the work the Food Bank does, including examining stereotypes surrounding who uses a Food Bank.

Solent Mind– Aiming to encourage students to evaluate their own mental health and offering tips and advice on how to maintain good mental wellbeing.

Please refer to our Relationships and Sex Education Policy for full information regarding our statutory requirement to cover these themes and topics. A copy of the policy can be found: https://445d4637-0b09-4b87-8d48-09ecf126df07.filesusr.com/ugd/544674_7a14918c78304fa88fec152e1e904fdf.pdf.

Yours faithfully

Miss Waters
Head of Personal Development Learning

www.fareham-academy.co.uk

St Anne's Grove, Fareham, Hampshire, PO14 1JJ
01329 318003 • enquiries@fareham-academy.co.uk • [@farehamacademy](https://www.instagram.com/farehamacademy)
Headteacher: Mr C Pranker, BSc (Hons), NPQH