

October 2022

Dear Parent/Carer,

We are very pleased to inform you that Fareham Academy has been given the opportunity to take part in an exciting new research programme being led by the University of Southampton. The programme is called **Engaging Adolescents in Changing Behaviour (EACH-B)** and is funded by the UK Government Department of Health.

The aim of EACH-B is to research what helps young people like your child lead a healthy lifestyle, particularly around healthy eating and keeping active.

Your child's Year 8 class has been chosen to take part in this programme which will take place in school time, as part of their regular Science classes. The activities involved support the important work we already do in school around the importance of healthy lifestyles.

**You can find out exactly what will be involved for your child here:**

<https://drive.google.com/file/d/1bMwYygrpLM64JmtckqYmNVQRNgWGjKnC/view?usp=sharing>

The University of Southampton would also like your permission for us to share your son or daughter's demographic details (date of birth, gender, postcode, ethnicity) and Unique Pupil Number with the research team, so that the researchers can understand better how this type of Science programme can impact on young people's educational outcomes and choices in further education. More information about why the researchers are asking for this information is contained in the Parent Information Sheet (link above).

**To give us permission to share your child's demographic details and Unique Pupil Number with the research team please follow this link: [https://bit.ly/demographics\\_Fareham](https://bit.ly/demographics_Fareham)**

**As a school, we believe this is a unique and rewarding opportunity and therefore all children in your child's Science class will take part unless you choose for them to opt-out.**

**ONLY CLICK ON THIS NEXT LINK IF YOU DO NOT WANT YOUR CHILD TO TAKE PART:**

[https://bit.ly/EACHBoptout\\_Fareham](https://bit.ly/EACHBoptout_Fareham)

If you have any questions about the content of this email, please do not hesitate to contact me.

If you wish to contact the research team directly, please use this email address: [eachb@soton.ac.uk](mailto:eachb@soton.ac.uk)

Best wishes,

Mrs A Beard

[www.fareham-academy.co.uk](http://www.fareham-academy.co.uk)

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