

6 Rules for Revision



- 1 Take regular breaks**
Every 20-30 minutes.
- 2 No distractions for a fixed time**
Put your phone away, turn the TV off - look at it in your break!
- 3 Be specific with your revision**
Instead of "I'm doing math", try "I'm doing fractions".
- 4 Work with the people at home**
Get them to quiz you.
- 5 Have a timetable**
This should include time out with friends!
- 6 Don't just revise what you are good at.**
Make sure you feel confident in as many topics as possible.