

9th February 2022

Dear Parent/Carer

Year 7 RAK Day- 16th February

I am writing to give you a brief update of our upcoming RAK Day. Fareham Academy's Relationships, Sex and Health Education (RSHE) embraces the challenges of supporting young people to lead a happy and successful adult life through enabling them to make informed decisions about their wellbeing, health and relationships. We aim to equip students to make confident decisions when facing risks, challenges and complex situations. Our curriculum supports and prepares students for their responsibilities and experiences for adult life.

The themes the students will be exploring on the Kindness RAK Day are:

The Guide Dogs – Covering the challenges of living with different types of visual impairments and informing students about resilience to overcome personal challenges.

The Guides Dogs are a registered charity and **we will be collecting voluntary donations** to support the good work this charity does. **If your child would like to make a donation, this money will be collected during the workshop.**

Spoonies – Covering the impact of chronic illness and highlighting the importance of not making pre-judgments regarding 'hidden' illnesses.

Fairtrade – Aiming to educate students on what Fairtrade means, including local sustainability and the fair terms of trade for workers.

Cyberbullying and Social Media – Aiming to inform students about what constitutes cyberbullying and the importance of ensuring we behave appropriately on social media.

Respecting Diversity: Prejudicial Language – Covering the meaning of Hate Crime, what constitutes a Hate Crime and the different types of Hate Crime that exist.

Yours faithfully

Miss Waters
Head of Personal Development Learning

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