Fareham Academy (Personal Development Learning) Overview – Year 7

Fareham Academy | Unlocking Potential Creating Opportunity

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic(s)	Growing Up	Citizenship	Communities	Internet Safety and Harms	Internet Safety and Harms	Wellbeing
Topic Objectives	Recap and expand transition challenges from Y6 to Y7, challenges and support. Introduction to puberty, emotions, physical changes including menstruation.	Introduction to citizenship themes exploring rules, fairness, children's rights, society responsibilities.	Introduction to the theme of 'communities'; values, prejudice and discrimination	Introduction to ideas and support for ensuing safety online and potential risks.	Continuation of ideas to support and ensure safety online. Expand to include reporting and where to seek support.	Introduction to the theme of wellbeing including ways to maintain mental health and develop and understanding of our emotions
Acquired Knowledge/Skills	Students will be able to: • Define Puberty • Successfully differentiate between puberty and adolescence • Summarise the characteristics of an unhealthy relationship • Identify the qualities needed to maintain good relationships • Define peer pressure and give examples • Evaluate different types of peer pressure and know	Students will be able to: • Successfully list a wide range of rights children have • Understand the link between our rights and responsibilities • Define the term 'fairness' • Evaluate the importance of fairness when applying the rules • Summarise the skills learnt when one is able to voice their views • Discuss the	Students will be able to: • Identify the communities they belong to and ways in which they can contribute • Consider problems from more than one point of view and understand the importance of negotiating to solve problems • Define 'hate crime' and evaluate the consequences • Define 'prejudice' and 'discrimination'	Students will be able to: • Summarise the importance of internet safety and list some of the potential harms • Identify common traits of misinformation • Evaluate potential motives for posting inaccurate information online • Analyse how posting inaccurate information can impact society • Define 'media bias'	Students will be able to: • Define the term 'stereotype' • Evaluate the consequences stereotyping can have on society • Define 'freedom of speech' • Successfully identify cases of hate speech • Evaluate the consequences of hate speech • Recall their class definition of Digital	Students will be able to: • Define the terms 'emotional wellbeing' and 'mental health' • Define resilience and describe how resilience can help them • Identify a range of strong emotions and analyse how they can affect how we feel • Evaluate ways in
Assessments	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding